

Drugs/Dietary Supplements Banned for Rhode Island Secondary School Athletics

The Rhode Island Departments of Health and Education submit the following list of banned substances, in accordance with RI General Laws Chapter 16-21.4, pertaining to performance-enhancing supplements and school athletics, and in relation to §16-11.1-2, pertaining to the certification of coaches. This list was based on the National Collegiate Athletic Association (NCAA) Banned-Drug Classes for 2007-08 and the New Jersey State Interscholastic Athletic Association Banned-Drug Classes list for 2007-2008, with modifications made appropriate for secondary school athletics.

Many nutritional/dietary supplements contain NCAA banned substances. In addition, the U.S. Food and Drug Administration does not strictly regulate the supplement industry; therefore purity and safety of nutritional dietary supplements cannot be guaranteed. Student athletes and their families should consult with their family physician, athletic director, and coach before the use of any supplement. The appropriate use of any drug by a student under a physician's care should be noted on the RI School Physical Form.

The following is a list of banned categories of drugs with examples under each. The term "related compounds" comprises substances that are included in the class by their pharmacological action and/or chemical structure. No substance belonging to the prohibited class may be used, regardless of whether it is specifically listed as an example.

(a) Stimulants:

- amiphenazole
- amphetamine
- bemigrade
- benzphetamine
- bromantan
- caffeine¹ (guaranine)
- chlorphentermine
- cocaine
- cropropamide
- crothetamide
- diethylpropion
- dimethylamphetamine
- doxapram
- ephedrine (ephedra, ma huang)
- ethamivan
- ethylamphetamine
- fencamfamine
- meclofenoxate
- methamphetamine
- methylenedioxymethamphetamine (MDMA, ecstasy)
- methylphenidate
- nikethamide
- octopamine
- pemoline
- pentetrazol
- phendimetrazine
- phenmetrazine

phentermine
phenylpropanolamine (ppa)
picrotoxine
pipradol
prolintane
strychnine
synephrine (citrus aurantium, zhi shi, bitter orange)
and related compounds

The following stimulants are not banned:

phenylephrine
pseudoephedrine

(b) Anabolic Agents:

anabolic steroids

androstenediol
androstenedione
boldenone
clostebol
dehydrochlormethyl-testosterone
dehydroepiandro-sterone (DHEA)
dihydrotestosterone (DHT)
dromostanolone
epitrenbolone
fluoxymesterone
gestrinone
mesterolone
methenolone
methandienone
methyltestosterone
nandrolone
norandrostenediol
norandrostenedione
norethandrolone
oxandrolone
oxymesterone
oxymetholone
pregnelone
stanozolol
testosterone
tetrahydrogestrinone (THG)
trenbolone
and related compounds

other anabolic agents

clenbuterol

(c) Substances Banned for School Sports:

alcohol
nicotine
and related compounds

(d) Diuretics and other Urine Manipulators:

acetazolamide
bendroflumethiazide
benzhiazide
bumetanide
chlorothiazide
chlorthalidone
ethacrynic acid
finasteride
flumethiazide
furosemide
hydrochlorothiazide
hydroflumethiazide
methyclothiazide
metolazone
polythiazide
probenecid
quinethazone
spironolactone (canrenone)
triamterene
trichlormethiazide
and related compounds

(e) Street Drugs:

heroin tetrahydrocannabinol
marijuana (THC)

(f) Peptide Hormones and Analogues:

corticotrophin (ACTH)
growth hormone (hGH, somatotrophin)
human chorionic gonadotrophin (hCG)
insulin like growth factor (IGF-1)
luteinizing hormone (LH)

All the respective releasing factors of the above mentioned substances also are banned:

darbepoetin
erythropoietin (EPO)
sermorelin

(g) Anti-Estrogens

anastrozole
clomiphene
tamoxifen
and related compounds

¹ As per RI General Laws §16-21.4-1, "Performance-enhancing dietary supplement' does not include a dietary supplement in which the only ingredients consist of one or more of the following: (1) Vitamins or minerals. (2) Authorized food additives, color additives, ingredients authorized by prior sanction, or those classified as generally recognized as safe for use in foods as defined in the federal Food, Drug, and Cosmetic Act (21 U.S.C. Sec. 301 et seq.), and accompanying federal regulations, except for caffeine in excess of 200 milligrams per serving, if these ingredients are used in a dietary supplement at the levels, and for the purposes, for which they may be used in foods."