

RICAS Grade 7 Standard Mathematics Reference Sheet

CONVERSIONS

1 cup = 8 fluid ounces

1 pint = 2 cups

1 quart = 2 pints

1 gallon = 4 quarts

1 gallon = 3.785 liters

1 liter = 0.264 gallon

1 liter = 1000 cubic centimeters

1 inch = 2.54 centimeters

1 meter = 39.37 inches

1 mile = 5280 feet

1 mile = 1760 yards

1 mile = 1.609 kilometers

1 kilometer = 0.62 mile

1 pound = 16 ounces

1 pound = 0.454 kilogram

1 kilogram = 2.2 pounds

1 ton = 2000 pounds

AREA (A) FORMULAS

square $A = s^2$

rectangle $A = bh$

OR

$A = lw$

parallelogram . . $A = bh$

triangle $A = \frac{1}{2}bh$

trapezoid $A = \frac{1}{2}h(b_1 + b_2)$

circle $A = \pi r^2$

CIRCLE FORMULAS

area $A = \pi r^2$

circumference . . $C = 2\pi r$

OR

$C = \pi d$

VOLUME (V) FORMULAS

cube $V = s^3$

(s = length of an edge)

right prism $V = Bh$

TOTAL SURFACE AREA (SA) FORMULAS

right rectangular prism . . $SA = 2(lw) + 2(hw) + 2(lh)$