Students benefit from instruction that is systematic. The material and concepts taught must follow a logical scope and sequence that builds from the easiest and most basic concepts to more challenging concepts in a thoughtful progression. Instruction should use step-by-step procedures and routines, and teach elements of a specific, targeted system (e.g., sound to symbol correspondences). With systematic instruction, students are allowed to practice each concept to automaticity in order to become skilled with the concept, which casts aside frustration and motivates the students to proceed confidently to the next, more challenging concept.