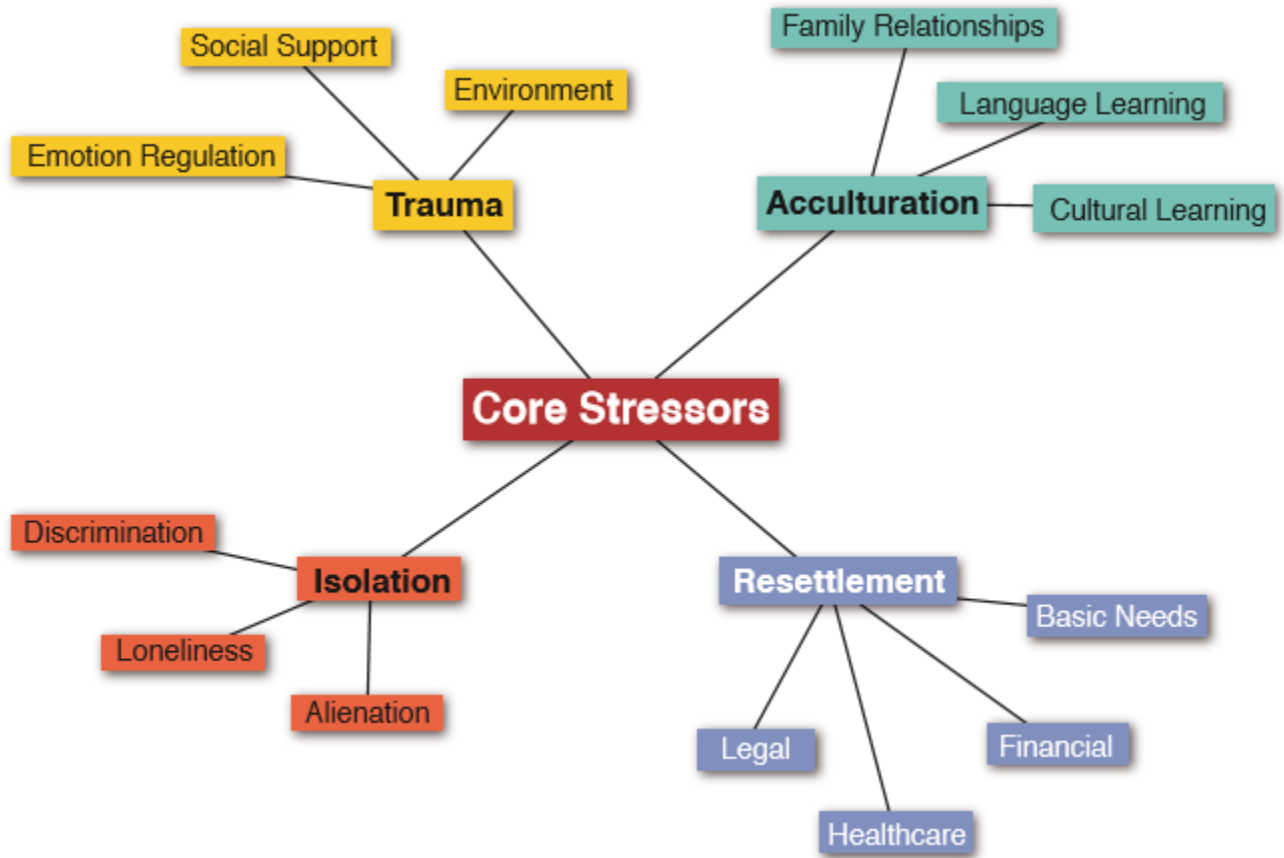


Core Stressors for Newcomers

This graphic organizer and chart on the following page can inform teaching practices, school routines, parent engagement efforts, and program planning.



Core Stressors for Newcomers

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Definitions and Causes of Core Stressors for Newcomers

Stressor	Definition	Possible Cause
Trauma	Child experiences an intense event that threatens or causes harm and trauma to his or her emotional and physical well-being.	War and persecution Displacement from home Flight and migration Poverty Family and Community Violence
Acculturation	Children and families experience acculturation as they try to navigate between their new culture and their culture of origin.	Conflicts between children and parents over new and old cultural values Conflicts with peers related to cultural misunderstandings The necessity to translate for family members who are not fluent in English Problems trying to fit in at school Struggle to form an integrated identity including elements of their new culture and their culture of origin
Resettlement	Children and families who have relocated try to make a new life for themselves.	Financial stressors Difficulties finding adequate housing Difficulties finding employment Loss of community support Lack of access to resources Transportation difficulties
Isolation	Children and families experience isolation as new immigrants in a new country.	Discrimination Experiences of harassment from peers, adults, or law enforcement Experiences of mistrust with host population Feelings of not “fitting in” with others Loss of social status