

SCHOOL MEAL PROGRAMS

#Eat2Succeed | www.ride.ri.gov



EAT.
LEARN.
SUCCEED.

Health

School meal programs help students...



have lower blood cholesterol levels



maintain a healthy weight & develop lifelong healthy eating habits



make fewer trips to the school nurse



eat more fruits, vegetables and whole grains

Economy

Balance Budgets

\$3M

The amount of federal dollars RI can bring in by increasing nutrition participation by 40%

Increase Economic Security

We're building a more productive workforce by ensuring that all kids have access to nutritious meals

Community

Promote Community Care

91% of Americans agree that childhood hunger is a major or important issue

Ensure Student Success

Students who eat breakfast have 20% higher graduation rates and go on to have higher paying jobs



Students who have breakfast have fewer absences from school

When students aren't hungry they can concentrate and retain information better



Healthier meals are linked to better classroom behavior



Helping teachers teach and students learn



Learning

90%

of educators say breakfast is critical to academic achievement