



Information for Families and Parent Centers

Rhode Island's Family Guide to Participating in the Child Outcomes Measurement Process



Adapted from:

Developed by the National Parent Technical Assistance Center at PACER Center
ParentCenterNetwork.org
PACER.org

In collaboration with:

ECTA Center
The Early Childhood Technical Assistance Center
ectacenter.org



Introduction

Early Intervention (EI) and Early Childhood Special Education (ECSE) services are designed to make the most of each child's potential, as well as to strengthen the family's ability to help their child develop and learn. Each program supports children's overall development and functioning within the areas of 1) positive social emotional development including social relationships 2) learning and using new knowledge and skills and, 3) taking actions to meet needs. As you begin the referral process Early Intervention or early childhood special education representatives will ask you about your child's functional skills and behaviors within these three areas and across settings and environments in which he or she spends time (i.e. home, early care and education program, relative or caregiver). Framing the conversation in this way ensures that EI or ECSE providers are aware of your child's functioning across natural environments. This is especially important when considering the referral and need for evaluation, during the evaluation process, when determining eligibility for service, and if your child was to be found eligible, when determining type and amount of service.

One way to learn more about young children’s progress is through three “child outcomes” that are measured for every child in the United States who participates in the EI or ECSE program. These outcomes help families know how well their child is developing and participating in activities at home, at school, or in the community. In addition to helping measure a child’s individual progress, these outcomes are also used to measure how well EI or ECSE programs are serving all children who are enrolled.

By participating in the outcome process, families are not only helping their own child by are also helping the district and state know how EI or ECSE programs are performing overall. **As the parent, you are a critical part of your child’s development and education.** This handout will help you understand and meaningfully participate in the discussion of your child’s functioning and if eligible for EI or ECSE, in the outcome measurement process for your child’s program.

What are the three child outcomes?

The following outcomes, developed by the U.S. Department of Education, are used by all EI or ECSE programs to measure young children’s progress. While Individual Family Service Plan (IFSP) outcomes and Individualized Education Program (IEP) goals are written specifically for individual children, **these three child outcomes are the same for everyone.**

Three Child Outcomes to Measure Progress

- 1. Gaining positive social emotional skills, including social relationships.** This outcome measures how children interact and play with their family, other adults, and other children.
- 2. Learning and using new knowledge and skills.** This outcome measures how children learn and use basic language and communication skills such as counting and problem-solving that will prepare them to be successful in kindergarten.
- 3. Taking actions to meet their needs.** This outcome measures how children gradually become more independent by learning how to move from place to place, feed themselves, and take care of basic needs.



Why is this information important to my child and our family?

The three child outcomes focus on what your child can do in his or her everyday routines and activities. By looking at how well your child is doing in each of the three areas, you can determine what he or she needs in order to become more involved in your everyday activities. If eligible for EI or ECSE, the information gathered about your child will also help you develop individual outcomes and goals for your child's Individual Family Service Plan (IFSP) or Individualized Education Plan (IEP). As a parent, you may notice that by learning more about the three child outcomes, you also:

- **Gain confidence** in your ability to observe your child and share those observations with others.
- **Develop an increased understanding** of how your child is functioning compared to age expectations.
- **Learn to track and celebrate the progress** that your child is making.
- **Contribute more** to discussions about your child's strengths and accomplishments and the development of appropriate outcomes or goals.

How can I be part of the outcome measurement process?

When initially meeting with EI or ECSE, you will learn about the outcomes measurement process. An EI or ECSE provider will refer to the three child outcomes measures as you discuss your child's development and functioning. You may even receive a questionnaire prior to meeting which will help you prepare for this discussion. If you feel unsure about the process or how you can contribute, these questions will help you start the conversation:

- **What resources are available** to help me understand what is expected for a child at different ages?
- **What specific skills and behaviors** do you look at for each outcome?
- **What information will you need** from me in order to complete the outcomes measurement?
- **How can I share my observations** about my child's skills, abilities, routines and activities?

What information can I share about my child's functioning?

You can be prepared for any conversation about your child's development by making your own observations and sharing what you see. It may be helpful to review these questions often and take notes about what you see that's new or is happening in a different way. Even small changes are important in the measurement of the three child outcomes.



Outcome 1: Social Emotional Skills and Relationships

- How does my child relate to family members, close family friends, caregivers, and strangers?
- How does my child relate to other children at child care or in the neighborhood? With people in the community (such as the park or grocery store)?
- How does my child show his or her feelings? How does he or she calm down when upset?
- How does my child show that she or he understands social rules, such as sharing and taking turns?



Outcome 2: Knowledge and Skills

- How does my child copy others' actions or try to learn new things?
- How does my child try to solve problems?
- How does my child use words?
- Does my child understand concepts such as numbers and shapes?
- Does my child understand and respond to directions from others?
- How does my child communicate his or her thoughts and ideas?

Outcome 3: Meeting Needs

- How does my child get from place to place?
- What does my child do when he or she wants something? What if it is hard to reach?
- What does my child do when he or she needs help?
- What does my child do when he or she is hungry?
- How does my child help with dressing or undressing, using the bathroom, and brushing his or her teeth?
- Can my child feed him or herself?
- What does my child do without my help?

In addition to sharing your own observations, you will also learn what others (i.e. providers and educators) observe when spending time with your child. The information you receive can help you understand your child's development in different settings and situations. This will help you be a full partner in outcomes measurement.

If my child is eligible for EI or ECSE, how will I know if he/she is making progress?

Looking at your child's progress over time is important for updating your child's individual plan (IFSP or IEP) and making sure that he or she is receiving the services needed to meet the individualized goals or outcomes. This same information is also needed to measure the three child outcomes accurately at the end of services.

Your IFSP or IEP document should state when and how often information on your child's progress will be shared. You can also ask providers or teachers at any time you have questions or concerns.

Asking EI or ECSE providers the following questions will give you information about your child's progress in the three outcomes:

- How are you measuring my child's progress? Are you using observations? Assessments?
- What are you seeing that tells you that my child is or is not making enough progress?
- How is my child's progress on his or her IFSP outcomes or IEP goals related to progress in the 3 child outcome areas?
- How does my child now compare to other children his or her age? What do most children his or her age do in regard to this outcome area?
- How do you see my child's disability or delay affecting his or her ability to make more progress in this area?
- What are the next skills needed in order for him or her to make progress?



Conclusion: You Are the Expert!

When parents and professionals work together as a team, children do better. While professionals have expertise in working with children, **you are the expert on your own child**. You have information about your child that cannot be gathered through any other method other than to hear it directly from you.

By sharing your observations of your child, you will be helping EI or ECSE understand how your child is functioning across environments and your child's strengths and needs. If your child is found eligible, you will also help your IFSP or IEP team understand how your child is progressing on the three child outcomes and what skills need improvement. Through your involvement, you will help your child to be an active and successful participant now and in the future at home, in the community, and at school.

Contact Your Local Parent Center:

Rhode Island Parent Information Network
1210 Pontiac Avenue
Cranston, Rhode Island 02920
401-270-0101
info@ripin.org

National Parent Technical Assistance Center
PACER Center | PACER.org
8161 Normandale Boulevard
Minneapolis, MN 55437-1044
(952) 838-9000 | (952) 838-0199 (Fax)
(888) 248-0822 (Toll Free)
PACER@PACER.org | ParentCenterNetwork.org

©2013, PACER Center

Early Childhood Technical Assistance
(ECTA) Center
University of North Carolina at Chapel Hill
Campus Box 8040
Chapel Hill, NC 27599-8040
(919) 962-2001 | (919) 966-7463 (Fax)
ectacenter@unc.edu | ectacenter.org

The contents of this publication were developed under a grant from the U.S. Department of Education, # H328R080012. However, those contents do not necessarily represent the policy of the U.S. Department of Education, and you should not assume endorsement by the Federal Government. While permission to reprint this publication is not necessary, the citation should be: National Parent Technical Assistance Center (2013). A Family Guide to Participating in the Child Outcomes Measurement Process, Minneapolis, MN, PACER Center. Alternate formats available upon request.