

What Shapes Your Worldview?



Think about the people you listed on your Interaction Map. Do you have the same worldview as them? The answers may vary from case to case but there are likely other influences that have shaped your worldview differently from theirs. What other influences, beyond interactions and identities, might have contributed to shaping your worldview? Write down four other influences that might have contributed to your worldview and list them below. These might include, but are not limited to, experiences, cultural norms, family dynamics, education, belief systems, media, etc. Below each influence, describe or provide examples of how these influences could have shaped your worldview.

1.	2.
3.	4.

Choose one of the influences above to reflect on more deeply with the reflection questions below. Feel free to repeat this process with other influences.

Reflection:

- 1) What does this influence mean to you? Describe it in your own terms.
- 2) How does it shape your worldview?
- 3) How might this influence limit your worldview?
- 4) What can you do to expand your worldview when it comes to this influence?